North American Medium Wave band plan

540 Canadian Clear	1230 Local
550-630 Regional	1240 Local
640-680 US Clear	1250-1330 Regional
690 Canadian Clear	1340 Local
700-720 US Clear	1350-1390 Regional
730 Mexican Clear	1400 Local
740 Canadian Clear	1410-1440 Regional
750-780 US Clear	1450 Local
790 Regional	1460-1480 Regional
800 Mexican Clear	1490 Local
810-850 US Clear	1500-1530 US Clear
860 Canadian Clear	1540 Bahamas Clear
870-890 US Clear	1550 Mexican Clear
900 Mexican Clear	1560 Cuban Clear
910-930 Regional	1570 Mexican Clear
940 Mexican & Canadian Clear	1580 Canadian Clear
950-980 Regional	1590-1600 Regional
990 Canadian Clear	1610-1700 Expanded Band
1000 US & Mexican Clear	
1010 Canadian & Cuban Clear	
1020-1040 US Clear	Local = Class C limited to 1kw
1050 Mexican Clear	
1060 US & Mexican Clear	
1070 US & Canadian Clear	
1080 US Clear	
1090 US & Mexican Clear	
1100-1120 US Clear	
1130 US & Canadian Clear	
1140 US & Mexican Clear	
1150 Regional	
1160-1180 US Clear	
1190 US & Mexican Clear	
1200-1210 US Clear	
1220 Mexican Clear	